

*Ministry of Higher Education and Scientific Research  
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***Guidance cognitive effect in reducing the  
fear of academic failure among  
students in middle school***

**Thesis submitted to the council of the college of  
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Requirements for the Degree of Arts psychological  
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## *Abstract*

The school of the most important educational and scientific institutions in the community they are located in the top of the pyramid of Education, an organization working to supplement the younger generation with different types of science and knowledge they need to cope with scientific developments accelerating , as well as being the means that are of introduction Leadership professional , artistic and intellectual and configured , it works to provide the community workforce that is their management institutions, social, cultural and economic.

The problem is the fear of academic failure of important problems

The current research aims to find out (the effect of cognitive counseling in reducing the fear of academic failure among students in middle school) and that by achieving the following objectives:

First - measuring fear of academic failure among students in middle school.

Secondly - to know the impact of the program in reducing the fear indicative of academic failure among students in middle school , by testing the following hypotheses:

1. There are no statistically significant differences in reducing the fear of academic failure at the level (0.05) for the control group in the test (tribal posttest).
2. There are no statistically significant differences in reducing the fear of academic failure at the level (0.05) for the experimental group in the test (tribal posttest).
3. There are no statistically significant differences in reducing the fear of academic failure at the level (0.05) for the two groups (experimental control group) in the post test

The researcher has built a measure of the fear of academic failure and presented to a group of experts agreed unanimously to use it , has been extracted characteristics Alsekoumtria to scale them (validity and reliability) . Been applied to measure a sample of students from the middle school , as the number of respondents (400) students from grade (fifth Scientific) , and the researcher adopted the experimental method; verification of research hypotheses , as sample program (20) students from fifth grade science , from students who received degrees higher than the center- premise , has been selected from the junior Sharif Razi , the researcher built a pilot program adopted in the construction of the program theory Beck, having been exposing the experimental group for

the program has not suffered the control group of the indicative Programme has reached the number of sessions (10) sessions guidance . To address the research data and then rely on several statistical methods , including: (Pearson correlation coefficient , and Chi-square test , and the test t- T.test, and weight percentile , and the weighted average , the equation Alvakronbach) has been using the bag statistical (Spss) to reach the desired results in the search procedures.

The current research found the following results:

1. The presence of fear of academic failure among the students of the preparatory stage
2. Indicative that the program impact in reducing the fear of academic failure in favor of the members of the experimental group

In light of the results and conclusions of the researcher concluded a set of recommendations and proposals , including:

1. the attention of school administrators and counselors problems of students , especially those that relate to their fear of academic failure in order to create appropriate solutions to satisfy their needs psychological and social.
2. take advantage of the measure prepared by the researcher to gather information about the fear of academic failure and the extent of its spread among students.
3. Find ways and new techniques by counselors seek to develop means of psychological counseling , educational and especially after the development and opening-up happening in the country.

Complementing the results of current research studies researcher suggests the following:

1. Study of the fear of academic failure in middle school and elementary school.
2. to conduct a study using similar methods other guidance to reduce the fear of academic failure is that the methods used by the researcher.
3. conduct a similar study for students in middle school.